

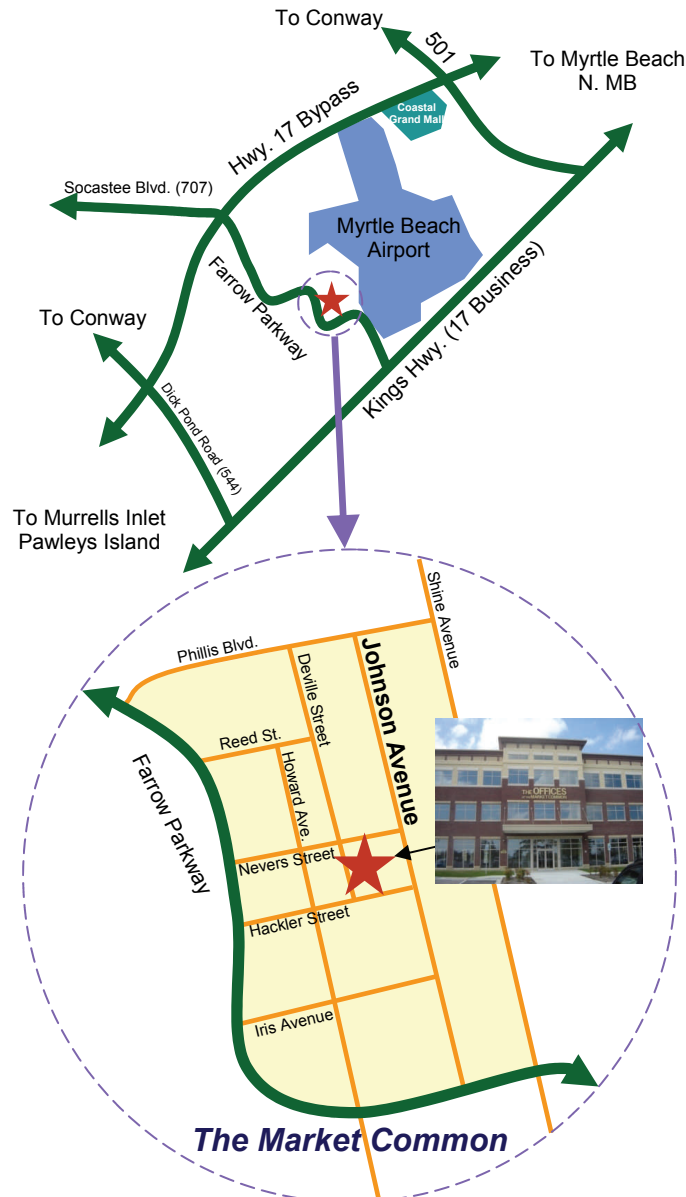
What happens in the evaluation?

Before you meet with Dr. Grant for the evaluation, you will need to *completely* fill out a *New Patient Assessment Packet* (available on the website listed on this brochure). You will need to bring that completed packet with you to the scheduled psychological evaluation appointment. When you arrive you will be asked to complete some paper and pencil standardized assessments that deal with pain, coping, mood, etc. When you have finished these forms, Dr. Grant will take you back to his office where you will both sit and talk for about an hour. He will ask you a lot of questions about yourself and will be taking notes while you talk. He will also ask you about your knowledge of SCS, your expectations for it, your understanding of your responsibilities for re-charging and programming the stimulator, etc. After you have met together, Dr. Grant will compile a report summarizing all the information you have given him and will send that to your pain physician.

How much does it cost?

\$ 300. You will be asked to pay for the evaluation at the beginning so that, with that out of the way, you and Dr. Grant can focus on the evaluation. By the date of your evaluation Dr. Grant may be accepting your insurance but if he is not yet set up with your insurer you will need to pay for it entirely with cash, debit card, personal check (made out to Coastal Center for Cognitive Therapy), VISA, MasterCard, or Discover. If you pay for the evaluation, Dr. Grant will be happy to give you a zero balance bill showing that you have paid for the evaluation. You can send that bill to your insurer and they will reimburse you directly at the percentage described in your policy. Because he may be considered "out of network" for your insurer, the amount reimbursed may be different than for providers "in network". You may check with your insurer to find out.

Where is Dr. Grant's office located?
The OFFICES at The Market Common
1101 Johnson Avenue, Ste. 200, Myrtle Beach, SC



Park anywhere you like and come to the front door of the building (the one facing Johnson Ave.) and take the elevator to the 2nd floor. Turn right out of the elevator and go down the hall to the right. Come into Suite 200 and take a seat in the waiting area.

www.coastalcognitive.com



Coastal Center
for
Cognitive Therapy, PA

**Pre-Spinal Cord
Stimulator Surgery
Psychological Evaluation**



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Why do I need a Psychological Evaluation? Do you think I am crazy?

Not at all.

But let me ask you this: would you invest significant amounts of money AND extensive amounts of your time and your effort in something you were not sure would work for you? If you are wise, you would not. You would want to be much more certain that your investment was sound, wouldn't you? That just makes good sense.

The same is true for the surgically implanted *Spinal Cord Stimulator* system (SCS) you are considering. The cost to implant is the first investment. That, however, doesn't include the post-surgery visits to your doctor for stimulator programming, your stimulator management and recharging, ongoing management of your pain using stretching, exercise, medication, participation in support groups, mood management, etc.

Think about it. It is a BIG investment of time and effort and money!

Is it something that you want to make sure is right for you and that you are right for it?

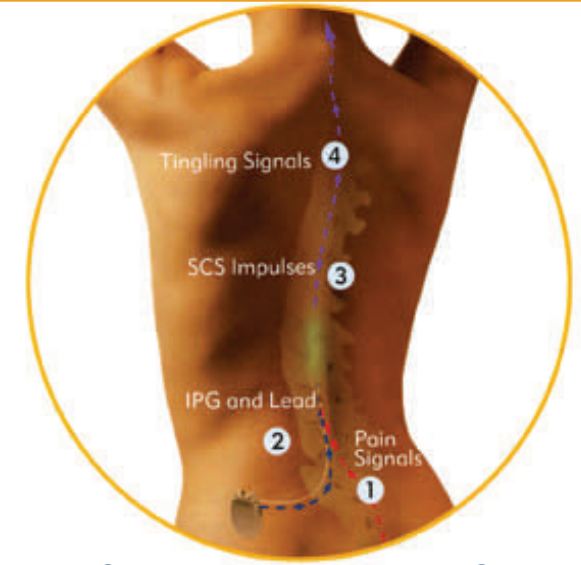
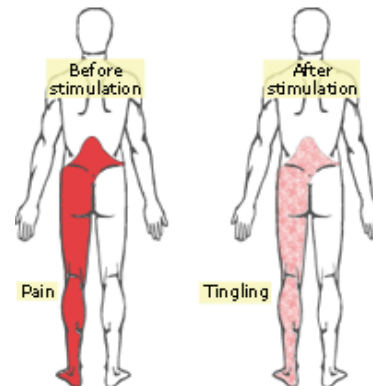
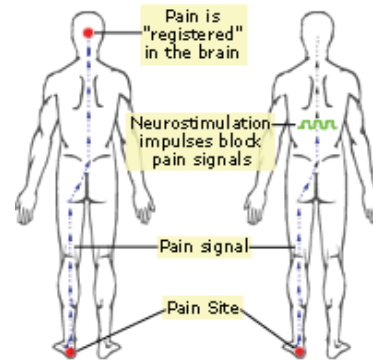
Yes.

That is why you are being asked to have a psychological evaluation—not because you are crazy but because it **would** be crazy not to make sure this implanted stimulator is right *for you*. It is just the wise thing to do before you make this big investment.

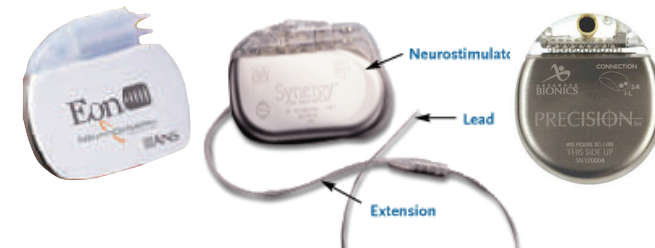
It sounds like the big issue is that the stimulator is surgically implanted, right?

Yes and that your *expectations* are *realistic*. Pain is an electrical signal that travels along nerve fibers through the spinal cord to the brain. To help reduce your chronic pain, your physician is suggesting a trial of a stimulator. During the trial, the stimulator will be worn outside the body like a pager and will connect to electrical leads that lie very close to your spinal cord. If the trial succeeds and you wish to have it, the stimulator will be implanted under your skin in the area of the buttock and the leads will be permanently implanted as well.

SCS masks some (but not all) of the pain signals by delivering tiny doses of electricity to change the pain signals into something your brain interprets as a pleasant sensation called *paresthesia*—a feeling like a gentle tingling or massage.



Stimulators and Implant Site



Patient Stimulator Controls



So this psychological evaluation is to help us all make sure I am really ready?

That's it! It is all about making sure the three-way partnership between the stimulator, your pain physician, and you are all a good fit.

SCS will do its part and your pain physician will do his/her part. You are being asked to have this evaluation to make sure you are truly ready to do deal with having a stimulator permanently implanted under your skin, with taking care of recharging and managing it, and that your expectations for SCS are realistic (you will not obtain 100% pain relief).